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[Way of the Superior Man: Amazon.co.uk: Deida, David...](#)

In *The Way of the Superior Man*, David Deida explores the most important issues in men's lives—from career and family to women and intimacy to love and spirituality and relationships—to offer a practical guidebook for living a masculine life of integrity, authenticity, and freedom. Join this bestselling author and internationally renowned expert on sexual spirituality for straightforward advice, empowering skills, body practices, and more to help you realize a life of fulfillment, immediately ...

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Covering everything from work and career, to dealing with sex, women, and love, to finding purpose in an increasingly superficial and mechanical world, *The Way of the Superior Man* reveals how a man can live a life of fulfillment without compromise by relaxing into the truth of his very being, discovering his deepest vision, and giving his gifts without holding anything back. What emerges is a wholly revolutionary look at what it means to be a man in today's world as well as an astonishingly ...

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You need to define your own masculine traits, but *The Way of The Superior* has a few pointers: Lead the relationship Find a life purpose Live his own personal truth Stick to his value Live with integrity Seeks freedom Faces his fears

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The Way of the Superior Man: A Spiritual Guide to Mastering the Challenges of Women, Work, and Sexual Desire by David Deida 15,851 ratings, 4.07 average rating, 1,085 reviews *The Way of the Superior Man* Quotes Showing 1-30 of 66 "Austerity means to eliminate the comforts and cushions in your life ...

[The Way of the Superior Man Quotes by David Deida](#)

If you haven't read *The Way Of The Superior Man: A Spiritual Guide the Challenges of Women, Work, and Sexual Desire* by David Deida, I strongly suggest you do. There is a lot that I didn't cover here but equally as interesting. It doesn't matter if you are man or woman, you will benefit from the principles.

[Book Summary: The Way Of The Superior Man | Kyle Nitchen](#)

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The Way Of The Superior Man: A Spritual Guide to Mastering the Challenges of Woman, Work, and Sexual Desire (1997, Plexus, ISBN 1-889762-10-5; 2004, Sounds True, ISBN 978-1-59179-257-4) *Waiting to Love: Rude Essays on Life after Spirituality* (2001) ISBN 1-889762-20-2

[David Deida - Wikipedia](#)

In *The Way of the Superior Man*, Deida explores the most important issues in men's lives?from career and family to women and intimacy to love and spirituality?to offer a practical guidebook for living a masculine life of integrity, authenticity, and freedom. Join this bestselling author and internationally renowned expert on sexual spirituality for straightforward advice, empowering skills, body practices, and more to help you realize a life of fulfillment, immediately and without ...

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The Way of the Superior Man is a book for both sexes. David Deida makes it clear in the introduction of his book that when he refers to 'men' he really is referring to the masculine energy and the purpose of the book is to unleash the most superior form of that masculine energy.

[10 Eye-Opening David Deida Quotes from The Way of the ...](#)

In "The Way of the Superior Man", David Deida provided the best relationship advice I've read since Bertrand Russell's "Marriage and Morals" or "Mating in Captivity" by Esther Perel, the best advice on male sexuality since Mantak Chia's "The Multi-Orgasmic Man", and not since Viktor E. Frankl's "Man's Search for Meaning" has a book made me "check" myself and reevaluate my actions more.

[The Way of the Superior Man: A Spiritual Guide to ...](#)

"The Way of the Superior Man lays out a challenge before all men to fulfill their true purpose and to be authentically masculine. It will guide you on your journey to a successful and spiritually complete way of life. I invite you to live in the moment, to love openly, and to step up to the plate with this book in your hand."

[The Way of the Superior Man: A Spiritual Guide to ...](#)

Including a new preface written in celebration of the book's 20th anniversary, *The Way of the Superior Man* presents the next generation of with the opportunity to grapple with fear, cultivate trust in the moment, and put forth the best versions of themselves in an ever-changing world. Read by Cecil Archbold.

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In a way, the Superior Man is someone who generates energy from the Masculine and sends that off into the world — his career, relationships, and purpose. It's a call to action for men to evolve...

[What is a Superior Man? David Deida, "The Way of the ...](#)

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